

Handout #12: Renouncing & Divorcing the Spirits of Fear & Infirmity

*So let each individual **first evaluate his own attitude** and only then eat the bread and drink the cup (of communion). For continually eating and drinking **with a wrong spirit** will bring judgment upon yourself by not recognizing the body. This **insensitivity** is why many of you are weak, chronically ill, and some even dying. 1 Corinthians 11:28-30*

Intro

Several years ago, NIH assessed that 90% of all illnesses were life-style related. That is, they come about as the result of free will choices such as diet, smoking, drinking, self-neglect and self-care habits. We also now know that many illnesses and even accidents are connected to negative emotions such as fear, anger, stress, worry and anxiety. There can also be demonic attacks intermingled with these causes. We are in a season where the spirit of fear has been unleashed on humanity in epic ways, to foment and spread disease and health damaging habits such as social isolation. Accordingly, in this prayer protocol we are going to address the spirits of fear and infirmity together, as well as the spiritual and emotional root causes of poor health, self-neglect and illness.¹

*“For God has not given us the spirit of fear; but of power, and of love, and of a sound mind.”
2 Timothy 1:7*

The Antidote

God’s antidote or health insurance policy is our Covenant with Him. The Covenant is one of *Shalom*, peace, wholeness. When we are truly in oneness with God’s Covenant, Spirit to spirit, we can attain and maintain greater health and wellness. *Shalom* says: “May what is in Heaven be upon you.”

What is the Spirit of Fear

- **Deception**
 - It lies, deceives and warps the truth. It plants seeds of negative possibilities.
 - It lies about the truth of who we are in Christ. It works thru negative self-talk.
- **Devious**
 - It operates thru social and ancestral programming (e.g. grandpa got diabetes so you will). It denies that you have a Covenant of health and wellness; that Christ dwells in you. “Greater is HE (the Lord God) who is in me than he (satan) who is in the world.”
 - It can show up as cautionary warnings, thru “professionals that know better” but are *not* Holy Spirit-filled and led. Example: Fact – there is a virus. Truth – Psalm 91.
- **The Opposite of Love**
 - It drives a wedge between God and His people.
 - Creates divisiveness, competitiveness and envy amongst the body of Christ.
 - Can show up as caring wrapped in criticism, cutting down, fault-finding, disparaging.

¹ This document is a spiritual support and not meant to replace whatever your healthcare provider has recommended for you.

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- **Works with the Spirit of Religion**
 - To rob our peace. Jesus' peace was challenged by the religious men, the Pharisees.
 - The religious spirit invokes and creates a lot of fear: fear of losing salvation, etc.

What is the Spirit of Infirmity

- **Comes from the 'Father of All Lies'**
 - "...because your adversary satan roars like a lion walking around and seeking whom he may devour..." 1 Peter 5:8
 - It's NOT our fate to be sick! "By His stripes we are healed." Isaiah 53:5
- **An Expression of Spiritual Separation**
 - We were not designed or destined to become sick and die. These are the result of separation from God, from the fallen nature of man.
 - "...but [only] from the tree of the knowledge (recognition) of good and evil you shall not eat, otherwise on the day that you eat from it, you shall most certainly die [because of your disobedience]." Genesis 2:17
 - The cause of infirmity also reveals its antidote, its cure, which is being yoked to God.
- **Operates thru Bloodlines**
 - DNA has been mutated as a result of fallen nature/sin; BUT it can be restored as well!
 - Operates thru stories, narratives, beliefs and patterns in families that cause people to believe health conditions are inevitable fate.
- **Operates thru the Mind**
 - Modern science recognizes that illnesses and disease can manifest as a result of emotions and thought patterns.
 - That means the opposite is also true. "Be sober-minded, alert, vigilant." 1 Peter 5:8
- **Hates the Word**
 - "He sent His Word and healed us." Psalm 107:20
 - The Word DOES heal! There are many testimonials of people being healed by reading the Word out loud and listening to the Word.
 - The Word is Covenant. The Covenant promises perfect health.
 - After 40 years in the desert, their feet didn't even swell from the heat and all of the walking. Deuteronomy 8:4

Assignment:

- Read Isaiah chapters 53 & 54

*Do you not know that **your body is a temple of the Holy Spirit who is within you**, whom you have [received as a gift] from God, and that you are not your own [property]? You were bought with a price [you were actually purchased with the precious blood of Jesus and made His own].
So then, **honor and glorify God with your body.** 1 Corinthians 6:19-20*

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Why We Need to Renounce & Divorce the Spirits of Fear and Infirmity

- Our body is a temple for the Holy Spirit *not* a habitation for fear & infirmity.
- They steal our peace and therefore our ability to have our deepest relationship with God.
- They block our Covenant with God and therefore Covenant promises and blessings.
- They sabotage key relationships and opportunities that are part of our God destiny.
- They can keep us from being filled with the Holy Spirit, the gifts of the Holy Spirit, and the anointings that God has for us.

Emancipation from the Spirits of Fear and Infirmity

The spirits of fear and infirmity are so pervasive in our culture, transmitted constantly over the airwaves through t.v., movies, news stories – all designed to keep us in fear. Fear can grip us and keep us blocked in our relationship with God and prevent us from being led by the Holy Spirit. We can't remove the fear and infirmity spirits from earth, but we can get *delivered from their grip* personally AND we can bind them from operating in our families and other systems. We are marinating in a culture of fear and infirmity and often have to wash it off of us! Therefore, you may feel led by the Holy Spirit to say this renunciation prayer repeatedly.

Prayer & Courts of Heaven Protocol to Renounce & Divorce the Spirits of Fear and Infirmity

This is constructed as a protocol going before God in the Courts of Heaven. We renounce, repent and plead guilty for all transgressions and then ask God to pass judgements on our behalf.

NOTE: Before you go into the Courts of Heaven, take the time to identify your petitions and purposes, what remedies you are seeking, what in your life, family lineage, or the other person's life (if you are standing in for someone else) requires repentance. Ask the Holy Spirit to reveal to you these things before you go in to the Courts of Heaven. Often times, when you are in the Courts of Heaven, the Holy Spirit will bring other things to mind for which to repent.

1. Opening Protocol in the Courts of Heaven.

Lord God, I come before Your Supreme Court and ask that the courts be seated and the books be open, according to Daniel 7:10. I ask for the Holy Spirit and the Lord Jesus Christ to be my Holy Advocates to represent me in Your court. I give them full permission to speak on my behalf. I loose the Blood of Jesus over myself so that satan has no access to me.

I ask Lord God that You release Your Notification Angels, Enforcement Angels and Hosts of Heaven to all those humans and non-humans who will be affected by Your Court decisions, to duly inform them of and enforce all of Your decisions and judgements in my case today.

2. Renounce & Repent to Remove Legal Access to You.

Father God I come in the name of Jesus Christ Yeshua to renounce and repent for all the sins and transgressions of myself and all of my bloodlines back to Adam and Eve, having to do with opening doors to satan, lucifer, the spirits of fear and infirmity, and all of fear and infirmity's cohorts and minions including the spirits of religion, jezebel, baal, victimhood, martyrdom, self-pity, self-hate, self-disparagement, self-sabotage, self-indulgence, self-neglect, lack of healthy self-confidence and self-care, addiction, neuroses; idols of this world including doctors, media, social media and cultural mores. I renounce, repent for and break all soul ties, contracts, covenants, agreements with all of these spirits and idols now. I repent for forgetting my own divinity, that I am created in Your image.

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On behalf of myself and my entire bloodline back to Adam and Eve, I repent for all the times and ways that we have used the spirits of fear and infirmity and any of its cohorts and minions to control, manipulate or damage other human beings and my relationship with You, the Holy Spirit and Jesus Christ. I forgive all those who contributed to my beliefs, behaviors and traits connected to the spirits of fear, infirmity and these other spirits.

Lord God, I renounce, sever, divorce and cut forevermore all ties with fear, infirmity and all their related spirits, including all ungodly relationships, sources, systems, organizations, agendas and parties, and every fear and infirmity seed implanted in me, my belief systems and body.

I repent of my own sins as well as those of all of my bloodlines back to Adam and Eve who gave the fear and infirmity spirits a place or a foothold in their lives. On behalf of myself and my ancestors, I repent of and renounce the spirits of fear and infirmity and all of its attributes, traits, cohorts and minions including:

- ◆ Listening to media, sources, people and spirits that are NOT the Spirit of Truth, the Holy Spirit
- ◆ Allowing other people's fears and lies to influence me and create fear in me
- ◆ Engaging in, indulging in and spreading fear, anxiety and worry thoughts and emotions
- ◆ Taking actions based on fear, anxiety and worry rather than on YOUR Will for me and others
- ◆ Overeating and drinking, not watching my diet
- ◆ Using mind-altering drugs, chemicals and beverages
- ◆ Over-reliance and/or wrong reliance on Western medicine and pharmakeia
- ◆ Smoking and other habits of unhealthy bodily pleasure
- ◆ Using sex in perverted, abusive and other ungodly ways
- ◆ Not caring for my body properly: insufficient exercise or sleep
- ◆ Taking risks that put my body in danger
- ◆ Pharmakeia addiction, misuses and dependency
- ◆ Body piercing and tattooing (Leviticus 19:28)
- ◆ Not responsibly researching, learning about and practicing natural health (Genesis 1:28)
- ◆ Holding resentment, anger and offense which leads to disease and illness
- ◆ Engaging in satanic and pagan rituals, practices and exposure (thru movies, music, t.v. etc.)
- ◆ Committing abortion; supporting abortion directly and indirectly, financially and in other ways
- ◆ Hatred and negative self-talk about my own body (shape, figure, size)
- ◆ Bulimia, anorexia and other eating and body disorders
- ◆ Neglectful or poor personal hygiene; ignoring sound health advice
- ◆ Cursing my body and/or other people's bodies
- ◆ Physically attacking, abusing or neglecting myself or another person
- ◆ Criticizing others' bodies and physical appearance
- ◆ Lack of discipline and self-control leading to poor physical, mental, spiritual health & well-being
- ◆ Practicing and/or supporting witchcraft and necromancy
- ◆ Voting for the passage of laws for recreational drugs including marijuana
- ◆ Hiding or withholding the truth from others which could help them stop self-damaging practices
- ◆ Shocking people by tricks and deception; causing physical reactions and pain
- ◆ Not listening to the still small voice within, Your voice

Lord Jesus I now ask for Your forgiveness for all of these behaviors and traits, and commit to an earnest undertaking to break these habits and permanently turn away from them.

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Lord Jesus, I also forgive myself for all of these sins and know that Your blood has washed me clean and white as snow and I therefore refuse to be condemned or to feel guilty.

Father God, I now also forgive my ancestors and particularly _____ (name those that the Lord has revealed to you) including those that are already deceased and whom I have not even known, who have fed, indulged and lived in the habits and spirits of fear and infirmity and passed them on to me & others.

3. Plead Guilty.

Father God, for everything I have repented and renounced here, I plead guilty on behalf of myself and all of my bloodline. I present the Blood of the Lamb of God, Jesus Christ Yeshua as atonement. I present the Voice of the Blood of Jesus which speaks "Tetelestai", "paid in full" to clear these transgressions from my record and that of my entire lineage as well as my future bloodlines. Father God, I ask for redemption from the curse, by the Blood of Jesus and ask You to break all curses of fear and infirmity and all other related demonic spirits, systems and agendas over me and my family line. Let the Blood of Jesus break all of these curses now!

4. Cleanse, Clear & Release.

Lord God, I ask that Your Holy Spirit fill me to overflowing to purify and cleanse my body, brain, mind, heart, soul and spirit, my conscience, my subconscious and unconscious minds, my memory bank and everywhere in me and my body where memories, imprints, beliefs, traumas and traits having to do with fear and infirmity and all their cohorts and minions have been incurred. Erase them now; erase all damage and confusion in the chambers of my mind. Cleanse my heart, mind, soul and body of all trauma incurred. Place your healing balm of Gilead into all of my places of stored habits, filters, traumas, injuries, beliefs, memories and imprints to clear them out now.

Father God, I now ask that You take me back in the spirit to the point of conception in my mother's womb. I ask that any and all bloodline curses and imprints of fear and infirmity be cancelled over me and my bloodline at the point of conception in my mother's womb by the power of Your blood and that me and my bloodline be set free from it now. Let all the spiritual seeds of fear and infirmity die now! I plant Your cross Jesus, between me and my ancestors who were slaves to fear and infirmity, and I cut all unholy soul ties between me and them in the spirit.

I declare that the spiritual cord coming through the bloodlines that bound me and my bloodline to these strongholds of fear and infirmity is now cut by the Sword of The Spirit, Jesus Christ! I command the spirits of fear and infirmity, and all of their cohorts and minions to now leave my soul, mind and body and also the souls and bodies of my bloodline!

Lord Jesus I now ask You to fill me with true faith and peace, the Shalom that passeth understanding that I may take up my full spiritual authority in You, that I shall walk and live as Apostle Paul: "It is not I who lives, but Christ in me." Fill me with Your Shalom that I may truly walk, breath and live as You.

~ Pause in Silence to Receive God's Healing ~

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5. Plead Your Case.

Father God, Your Word which is the legal document of our Covenant with You, declares the following...

I AM Healed

- Your Word in Isaiah 53:5-6 promises us: *“The punishment [required] for our well-being fell on Him, and by His stripes (wounds) we are healed. All of us like sheep have gone astray, we have turned, each one, to his own way; but the LORD has caused the wickedness of us all [our sin, our injustice, our wrongdoing] to fall on Him [instead of us].”*
- Your Word Psalm 103:3 declares: *“Who pardons all your iniquities, Who heals all your diseases.”*

Jehovah Jirah is My Healer

- Jeremiah 30:17 says: *“For I will restore health to you and I will heal your wounds, says the LORD.”*
- Jeremiah 33:6 *“Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth.”*
- Psalm 41:3 *“The LORD will uphold him even on his sickbed; you will transform his bed of illness into health.”*
- Isaiah 38:16 *“You have restored me to health and let me live.”*

Faith Heals Me

- Matthew 9:22 says: *“But Jesus turning and seeing her said, ‘Take courage, daughter; your [personal trust and confident] faith in Me has made you well.’ And at once the woman was [completely] healed.”*
- Luke 17:19 says: *“Jesus said to him, ‘Get up and go on your way. Your faith [your personal trust in Me and your confidence in God’s power] has restored you to health.”*
- Acts 3:16 assures: *“By faith in His name, His name has made this man strong, whom you see and know. So the faith that comes through Him has given him this perfect health in front of all of you.”*

Peace is Promised to Me

- Proverbs 14:30 states: *“A calm and peaceful and tranquil heart is life and health to the body.”*
- Psalm 34:4 says: *“I sought the LORD, and he answered me; he delivered me from all my fears.”*
- Isaiah 41:10 assures: *“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”*
- Psalm 16:8-9 assures me: *“I have set the LORD continually before me; because He is at my right hand, I will not be shaken. Therefore my heart is glad and my glory [my innermost self] rejoices; My body too will dwell [confidently] in safety.”*
- Deuteronomy 31:6 states: *“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you.”*

Perfect Love Casts Out Fear

- 1 John 4:18 states: *“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.”*
- Psalm 27:1 declares: *“The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?”*
- Psalm 118:6 says: *“The LORD is with me; I will not be afraid. What can mere mortals do to me?”*
- Joshua 1:9 says: *“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.”*

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- Isaiah 35:4 declares: *“Say to those with fearful hearts, “Be strong, do not fear; your God will come, He will come with vengeance; with divine retribution He will come to save you.”*
- Isaiah 43:1 *“Do not fear, for I have redeemed you; I have summoned you by name; you are mine.”*

I AM Called to be One with You.

- Your Word in John 17:22-23 says: *“And the glory which You gave Me I have given them, that they may be one just as We are one: I in them, and You in Me; that they may be **made perfect in one**, and that the world may know that You have sent Me, and have loved them as You have loved Me.”*

We Are Sons of God.

- Isaiah 54:13 says: *“And all your [spiritual] sons will be disciples [of the LORD], and great will be the well-being of your sons.”*
- Romans 8:15 tells us: *“The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, ‘Abba, Father.’”*
- Matthew 5:9 says: *“Blessed are the peacemakers, for they shall be called sons of God.”*
- John 14:27 is: *“Peace I leave with you; My peace I give to you; not as the world gives do I give to you.”*

You Have Given Me an Eternal Covenant of Peace, Shalom.

- In Isaiah 54:10 You promised me a Covenant of Peace: *“For the mountains may be removed and the hills may shake, but My lovingkindness will not be removed from you, nor will My covenant of peace be shaken,” says the LORD who has compassion on you.*
- Isaiah 54:14 assures me: *“You will be firmly established in righteousness: you will be far from [even the thought of] oppression, for you will not fear, and from terror, for it will not come near you.”*
- Thessalonians 3:16 comforts me: *“Now may the Lord of peace Himself give you peace at all times and in every way.”*
- In Numbers 6:24-26 You bless us: *“The LORD bless you, and keep you; The LORD make His face shine on you, and be gracious to you; the LORD lift up His countenance on you, and give you peace.”*

Lord God, it is evident in Your Word that I am in a Covenant of Peace with You and with the Prince of Peace, the Lord Jesus Christ Yeshua. It is also evident that I can only receive full covenant blessings and promises when I am fully yoked to You without any encumbrances such as fear and infirmity. If the spirits of fear and infirmity, their cohorts and minions are allowed to continue to control, steal or compromise any part of me or my life, I will not be able to fulfill Your will and destiny for my life, as well as for Your America, since my destiny is tied to America’s destiny.

6. Petition.

Therefore Lord God Just Judge, the judgements that I am requesting from Your Supreme Court are:

- **Grant me a divorce decree from and permanent injunction** against all spirits of fear and infirmity, and all of their cohorts, minions, entities, agendas, organizations and systems from operating in my life and my bloodlines, so that I will no longer be tormented by them.
- **Grant a permanent injunction** against the spirits of fear, infirmity and all their cohorts and minions purposing to create disunity, disharmony and strife amongst the Body of Christ, and preventing or compromising our Covenant promises, blessings, anointings and Unity in the Faith.

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- **Neutralize all wicked parties and purveyors of mass fear and infirmity**, take away their breath, that they may die and return to dust, according to Your Word in Psalm 104:29.
- **Besiege all of their places of habitation**, their palaces and gates until all of their high and fortified walls collapse, everything and everywhere through which they operate in America, especially our media, entertainment, political, governmental and medical systems and representatives. Let them eat their own offspring, according to Deuteronomy 28:52-53.
- **Give all purveyors and exploiters of fear and infirmity as food** for the creatures of the wilderness. Psalm 74:14
- **Punish the cabal of fear and infirmity** with Your fierce and great and mighty sword.
- **Extinguish all the holds** that satan, lucifer, fear and infirmity and all of their cohorts and minions have had on my destiny, relationships, provisions and ministry.
- **Rebuke satan** for all systems of fear & infirmity: *“And the Lord said to Satan, the Lord rebuke you, Satan! Even the Lord, who [now and ever] has chosen Jerusalem, rebuke you!”* Zechariah 3:2
- **Replace every lie** in my belief system with Your Truth that shall set me free. Fill me to overflowing with the true Holy Spirit and gifts of the Holy Spirit.
- **Release all supports and resources**, both spiritual and material, for me to fulfill my Book of Heaven. Restore to me 7-fold everything fear and infirmity, his minions and cohorts have stolen from me and my bloodlines according to Your promises in Proverbs 6:30.
- **Direct these supports to be forthcoming** so that my work and life may go on unhampered and I may fulfill my Book in Heaven completely now, as well as all collaborative work and destiny with others You have so destined and appointed for me.
- **Yoke me fully, eternally and exclusively to You** and Your destiny and purposes for me, my bloodline and America.

7. Thanks and Gratitude

Let this be dedicated time to thank the Lord after all of your petitions. You may want to add blowing a shofar, playing or singing praise music, or other ways that you express thanks and praise.

- Thank you God for granting all of my petitions!
- Thank you for Your Justice, Mercy and Love!
- Thank you Lord God and Lord Jesus for healing, restoring and redeeming me!
- Thank you Lord God for delivering me from all of these wicked spirits once and for all!
- To You alone be all the glory in Heaven and upon the Earth forever and ever! AMEN!!!

*“Tolerate the weaknesses of those in the family of faith, forgiving one another in the same way you have been graciously forgiven by Jesus Christ. If you find fault with someone, release this same gift of forgiveness to them. For love is supreme and must flow through each of these virtues. **Love becomes the mark of true maturity.**”*
Colossians 3:13–14 (TPT)