

## **Breaking Curses & Familiar (Family) Spirits**

### ***Recurring Problems***

Many of us have gone to the Courts of Heaven, repented on behalf of ourselves and our bloodlines, prayed fervently and still have some recurring problems. Let's re-visit or go back to some basics! Quite likely there are some familiar (family) spirits that keep rearing their ugly heads. Familiar spirits seek to cause us to respond to a situation, an event or person in a familiar way or pattern. I've noticed they especially like to show up when we are making spiritual progress.

### **Allowing yourself to be triggered keeps familiar spirits in play in your life.**

Being reactive to what someone says or does literally feeds familiar spirits. Our emotional responses such as anger, fear, resentment, offense, indignation, anxiety feed these demonic energies. For example, if we have been victimized by someone in the past, that imprint can cause us to view new events and relationships through that lens of victimhood. This can then cloud or impair our ability to see a solution that is not one of victimization.

### ***Why they keep coming back***

..... is because they know or hope we will be triggered by learned or patterned responses to things. They want and hope we will be emotionally reactive to what they deliver, to trigger us. They seek to evoke familiar patterns and emotional responses within us to spark a negative reaction in us.

Satan or these familiar spirits send assignments through people who will come and trigger us where we are sensitive. They will use friends, family, co-workers and total strangers as a delivery system to get us riled up. If there is a pattern of feeling insufficient, not good enough, then a familiar spirit comes through someone or some event to trigger a pre-existing belief or mental/emotional pattern of feeling not good enough. Lingering in the past, chewing over past offenses, dwelling on past hurts and events feeds familiar spirits and keeps them operating in our lives and families. ***The key is to find a new way of responding, established in the Peace of Christ Jesus Yeshua within you.***

### ***We have to be willing to let go of our past. All of it.***

### ***Take Charge of Repeating Patterns***

This is why self-deliverance is crucial and necessary. It is a part of spiritual hygiene. We have to be brutally determined to cast out these familiar spirits as soon as we become aware that we are in a patterned response to an event or person. This requires self-examination.

***Familiar spirits trigger us through our achilles heel, our sensitive areas.  
When we allow ourselves to be triggered into an emotional response habit,  
it keeps the familiar spirits in play.  
It feeds them!***

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### ***Vigilance to Keep the House Clean!***

The most compelling case for why we need to keep our own house clean is found in Matthew 12:43-45 which says:

*“Now when the unclean spirit has gone out of a man, it roams through waterless (dry, arid) places in search of rest, but it does not find it. Then it says, ‘I will return to my house from which I came.’ And when it arrives, it finds the place unoccupied, swept, and put in order. Then it goes and brings with it seven other spirits more wicked than itself, and they go in and make their home there. And the last condition of that man becomes worse than the first.”*

Once we have vanquished familiar spirits and curses, we must fill up with the Holy Spirit and all the accompanying gifts of the spirit. Continually. We fill up with God’s love, mercy and grace. We invite the Holy Spirit to come into us and fill us so that we become and stay a spotless bride. No demon can go where God resides. Treat yourself as the temple of God that you are.

We fill up by reading the Word, praying out loud God’s promises to us and standing in agreement with them. We can also boldly ask God to bless us, anoint and sanctify us, to shower His favor upon us, as in the Aaronic blessing from Numbers 6:24-26.

*“Lord God Most High, bless me, and keep me [protect, sustain and guard me]; Lord God make Your face shine upon me [with favor], and be gracious to me [surrounding me with lovingkindness]; The Lord lift up Your countenance (face) upon me [with divine approval], and give me peace [a tranquil heart and life].”*

### ***Family Curses & Familiar Spirits***

These two are like fraternal twins. They have the same DNA but a few unique differences. They both come from and through the family line. They cause recurring patterns, repeating problems in our lives.

Curses can come from a specific and purposeful curse put on a family member, that gets passed down generationally. It can come through a family member practicing witchcraft or some kind of occult.

Familiar spirits can come from bad or weak character traits that get learned by growing up in a family system. These can include having a short temper, playing victim, being neurotic, being ambitiously materialistic, being a worry wort, adultery, lying, cheating, manipulating.

Philippians 2:12 encourages us to *“work out your salvation [that is, cultivate it, bring it to full effect, actively pursue spiritual maturity] with awe-inspired fear and trembling [using serious caution and **critical self-evaluation** to avoid anything that might offend God or discredit the name of Christ].”*

## Breaking Curses & Familiar (Family) Spirits

### The Good News!

The good news is that regardless of which of these may be plaguing you, and it could be a bit of both, the solution is the same!

- ◆ Self-examine
- ◆ Cleanse both inner and outer
- ◆ Repent & forgive others
- ◆ Fill up with God's forgiveness, mercy, grace and blessings.
- ◆ Live in gratitude, love and praise of God. Live in worship of our Lord God.

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### Casting Off Familiar Spirits

1. Proclaim your Authority.
  - ◆ "I AM a son/daughter of the Most High God seated with You Adonai in the highest of the heavenlies in my spirit, according to Ephesians and Colossians."
  - ◆ "I AM ruling and reigning over the kingdom of darkness according to Galatians."
  - ◆ "I AM a brother/sister of the King Jesus Yeshua."
2. Identify & name the familiar spirits.
3. Address them by name:
  - ◆ If you don't know all of them, then just address in a generic way: "To all familiar spirits (name them specifically) that have been operating in my life, attempting to torment me and prevent me from fulfilling my God destiny, I rebuke you, I bind you in chains and cast you all into the dry place or where ever Jesus Yeshua would have you go at this time! Get out now!"
  - ◆ "I FORBID you from operating in my life and family anymore!"
4. Commit to self-examining for any old habits that could bring back familiar spirits.
  - ◆ Mental and emotional habits, spending habits, worry and getting in offense habits.
  - ◆ Example: A habit of bragging which feeds the spirit of pride.
5. Praise God for your deliverance and freedom! Always remember GRATITUDE!!!

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The following is a prayer protocol from the amazing, anointed Derek Prince. It is for breaking curses and can also be applied to familiar spirits and strongholds that come through the lineage.

### Derek Prince's Prayer to Break Curses.

(From "Break Satan's Cycle of Defeat" YouTube talk)

To be released from a curse, cover all the conditions provided in this prayer.

### Before the Prayer

1. Get rid of all occult contact objects.
  - ◆ Go through your home thoroughly, including closets, storage units, under the bed etc. and look for occult objects. Throw them out!
  - ◆ Make sure to check gifts that have been given to you.

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- ◆ Examine items that you bought second-hand.
  - ◆ If a used item cannot be cleared and blessed to your satisfaction, get rid of it.
  - ◆ “When in doubt, throw it out.”
2. Establish a clear scriptural base for your release. This gives you confidence!
- ◆ *“Christ purchased our freedom and redeemed us from the curse of the Law and its condemnation by becoming a curse for us—for it is written, “Cursed is everyone who hangs [crucified] on a tree (cross).” Galatians 3:13*
  - ◆ *“In Him we have redemption [that is, our deliverance and salvation] through His blood, [which paid the penalty for our sin and resulted in] the forgiveness and complete pardon of our sin, in accordance with the riches of His grace which He lavished on us.” Ephesians 1:7-8*
  - ◆ *“[We pray that you may be] strengthened and invigorated with all power, according to His glorious might, to attain every kind of endurance and patience with joy; giving thanks to the Father, who has qualified us to share in the inheritance of the saints (God’s people) in the Light. For He has rescued us and has drawn us to Himself from the dominion of darkness, and has transferred us to the kingdom of His beloved Son, in whom we have redemption [because of His sacrifice, resulting in] the forgiveness of our sins [and the cancellation of sins’ penalty].” Colossians 1:12-14*
  - ◆ *“The Son of God appeared for this purpose, to destroy the works of the devil.”*  
1 John 3:8
  - ◆ *“I give to you authority over all the power of the enemy.”* Luke 10:19
3. Confess your faith in Jesus Christ Yeshua.
- ◆ Jesus is the High Priest of our confession. Hebrews 2:17, 3:1
4. Commit yourself to obedience.
- ◆ Hear God’s voice.
  - ◆ Do what He says.
  - ◆ Commit yourself to listen to what God says and do it.
5. Confess any known sins of your own or your ancestors (including curses over yourself).
- ◆ This can be either your own or your ancestors.
  - ◆ You are not guilty for your ancestors’ sins but you are responsible for them.
6. Forgive all other persons.
- ◆ *“Whenever you stand praying, if you have anything against anyone, forgive him [drop the issue, let it go], so that your Father who is in heaven will also forgive you your transgressions and wrongdoings [against Him and others].”* Mark 11:25
  - ◆ Unforgiveness is a barrier to receiving the answers to your prayers — this can include yourself!
  - ◆ Forgiveness is a decision, not an emotion.
  - ◆ It’s tearing up the I.O.U.

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7. Renounce all contact with the occult by yourself and your ancestors.
  - ◆ By your own actions or those of your ancestors.
  
8. Release yourself in the name of Jesus.
  - ◆ Whatever you release on earth shall be released in Heaven.
  - ◆ Confess and expect the blessings of Abraham.
  - ◆ We are released from the curse that we may receive the blessings of Abraham.
  - ◆ “Through the sacrifice of Jesus on the Cross, we have passed out from under the curse and entered into the blessing of Abraham who God blessed in ALL things! God has provided that for ME, for YOU! It’s the Holy Spirit who administers the blessing. It’s important to be friends with the Holy Spirit and not to grieve the Holy Spirit. If you don’t honor the Holy Spirit, he will withhold the blessings. He has the key to God’s storehouse of blessings. If you want the treasures, make friends with the keeper of the storehouse.”  
— Derek Prince
  - ◆ Bear in mind, it’s in ALL things. It may not come all in one night, but in one night or moment, the course correction can occur. Keep doing what God says in order to continue in the blessings of Abraham and keep making the right confessions.

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### Sealing Prayer:

Lord Jesus Christ Yeshua, I believe that You are the Son of God and the only way to God, that You died on the cross for my sins and rose again from the dead. That on the cross You were made a curse with every curse that is due to me, that I might be redeemed from the curse and enter into the blessing. Lord, I confess any sins committed by me or by my ancestors.

I ask for Your forgiveness. I also forgive every other person who ever harmed me or wronged me. I forgive them as God forgives me. I also forgive myself. I renounce all contact with the occult of any form and I commit myself to get rid of all occult objects.

And now Lord God, having received by faith Your forgiveness, with the authority I have as a child of God, I now release myself and those under my authority from any curse over our lives right now in the name of Jesus. I declare release! I claim it! And I receive it by faith! In the name of Jesus! Thank you Jesus! Thank you Lord Jesus! Thank you! Thank you! Thank you!