

# The Eucharistic LORD: Jesus as the Bread of Life

## Jesus Christ Yeshua as the Eucharistic Lord

The more we know about someone, the closer we can draw to them and them to us. The closer the bond, the deeper the love. The deeper the love, the more fulfilling the relationship. *This* is why we seek to know this aspect of our Lord Jesus Christ — Jesus as the Bread of Life and the Eucharistic Lord.

Jesus is Prophet, Priest and King. He is High Priest. What does this mean? How does this affect us personally? What does this offer us in our own spiritual journey, in our ability to experience God and Jesus in greater richness and beauty? Why has this been kept such a secret from believers? Relationships are to be experienced, not read about or relegated to the mind as simply beliefs.

We are made in God's image and so are given the ability to feel and experience God. This is true intimacy with our Beloved. In order to open our awareness and prepare our hearts to be in true oneness with our Lord Jesus Christ, let us gain deeper understanding of the source and purpose of Jesus as Eucharistic Lord through the Judaic culture and Levitical traditions.

## The Priest of the Torah

In Levitical (i.e. the tribe of Levi priesthood) tradition, the priest was the intermediary and the intercessor on behalf of the people. The ritual sacrifices that he made were to bring the people closer to God.<sup>1</sup> The priest was the one in the community assigned to perform the sacrifices, called '*korbanot*', from the Hebrew word *korban* which means "something which draws close."

The priestly sacrifices performed on behalf of the community were for the purposes of drawing the people closer to God. How profound! There were elements of the religious rituals that were unique to the priest's office, such

---

<sup>1</sup> <https://www.myjewishlearning.com/article/understanding-biblical-sacrifice-korbanot/>

## The Eucharistic LORD: Jesus as the Bread of Life

as bread and wine. In God's Word, material objects represent something spiritual, an aspect of God's expression or His relationship to us.

Jesus comes as the High Priest of God and also the totality of God's expression in form, in life. The Torah, Old Testament, provides foreshadows and prototypes of Messiah Jesus who fulfills ALL righteousness. Let's look at some of these prototypes...

### The Priestly Bread and Wine

The first time we hear mention of "bread and wine" is with the priest Melchizedek, "*a priest of God Most High.*" We are to understand that bread and wine are instruments of the priestly ritual.

*"Then after his return from the defeat of Chedorlaomer  
and the kings who were with him,  
the king of Sodom went out to meet him at the valley of Shaveh  
(the King's Valley).  
And Melchizedek king of Salem brought out **bread and wine;**  
**now he was a priest of God Most High.**"*  
Genesis 14:17-18

Jesus prepares the people for the eventual sacrifice of His own body by presenting Himself as the Bread of Life. According to Strong's Concordance, "life" was both of physical (present) and of spiritual (particularly future) existence; from *zao* meaning "life".<sup>2</sup> This infers life both within and beyond time and space. Jesus is the expression of the fullness of life.

*"Then Yeshua said to them,  
'I AM the Bread of Life;  
whosoever comes unto me will not be hungry,  
and whosoever believes in me will not have thirst in eternity!"*  
John 6:35

<sup>2</sup> <https://biblehub.com/john/6-35.htm#lexicon;>

# The Eucharistic LORD: Jesus as the Bread of Life

## The Bread of Presence

The first time “Bread of Presence” or show/shew bread is mentioned in the Torah, it is God’s instruction for what to place on the altar. Notice that it is so important, that it must be before the Lord God at all times.

*“Place the Bread of the Presence on the table  
to remain before me at all times.”*

Exodus 25:30

Again in Numbers, the Bread of Presence is designated to be continual, ever-present on the altar.

*“Over the table of the bread of the Presence they shall spread a cloth of  
blue and put on it the plates, the dishes [for incense],  
the sacrificial bowls, the jars for the drink offering,  
and the continual bread [of the Presence] shall be on it.”*

Numbers 4:7

In Chronicles, King Solomon makes sure that the Bread of Presence is in God’s house. Jesus Christ was born in the house of bread, Bethlehem.<sup>3</sup>

*“Solomon also made all the articles that were in the house of God:  
the golden altar, and the tables for the bread of the Presence (showbread).”*

2 Chronicles 4:19

## The Priests Were Appointed Over the Sanctuary, Flour and Wine

Chronicles provides a kind of job description of the Levitical priests. The theme of bread (flour) and wine continues.

---

<sup>3</sup> In Hebrew, the city's name is pronounced "Beit-lehem." "Beit" means house and "Lechem" means bread - together being "House of Bread". Jesus: "I am the bread of life" (John 6:35;48) and "I am the manna that came down out of heaven." (John 6:51).

## **The Eucharistic LORD: Jesus as the Bread of Life**

*“Some of them also were appointed over the furniture and over all the utensils of the sanctuary and over the fine flour and the wine and the oil and the frankincense and the spices.”*

1 Chronicles 9:29

A key duty of the priest was to perform the sacrificial offerings to God in atonement for the sins of the people. Later on, Jesus as High Priest will perform the ultimate ritual sacrifice.

### **The Trinity Offering: Lamb, Bread & Wine for Sacrifice & Thanksgiving**

The trinity offering of lamb, bread and wine shows up centuries before Jesus Messiah. It presages His Passover Passion gift to humanity. Childless Hanna made a vow to God:

*“O Lord of hosts, if You will indeed look on the affliction (suffering) of Your maidservant and remember, and not forget Your maidservant, but will give Your maidservant a son, then I will give him to the Lord all the days of his life; a razor shall never touch his head.”*

1 Samuel 1:11

Here in 1 Samuel, Hanna is offering her only child Samuel to the Lord God. What a gift and sacrifice. The Prophet Samuel became a great servant of the Most High God. Again, an event in the Old Testament, the Tanakh, presages an event with Messiah Jesus. *“God so loved the world, He gave His only begotten Son.”*

Lamb, bread and wine were used in Hannah’s consecration and sacrifice of Samuel to God. Again, elements in the Old Testament become spiritualized through Jesus Christ in the Gospel New Testament.

## **The Eucharistic LORD: Jesus as the Bread of Life**

*“Now when she had weaned him, she took him up with her,  
with a three-year-old bull and one ephah of flour and a jug of wine,  
and brought him to the house of the Lord in Shiloh,  
although the child was young.”*

1 Samuel 1:24

In Ezra Chapter 6, the lamb, bread (wheat) and wine are used in thanksgiving to God, in preparation for the re-building of the temple.

King Darius releases the decree of King Cyrus to rebuild the temple of God, to *“offer pleasing (sweet-smelling) sacrifices to the God of heaven and pray for the life of the king and his sons.”*

*“Moreover, I issue a decree concerning what you are to do for these  
elders of Judah in the rebuilding of this house of God:  
the full cost is to be paid to these people from the royal treasury out of the  
taxes of the provinces beyond the River, and that without delay.  
Whatever is needed, both young bulls, rams, and lambs for a burnt offering  
to the God of heaven,  
and wheat, salt, wine and anointing oil,  
as the priests in Jerusalem request,  
it is to be given to them daily without fail,  
that they may offer acceptable sacrifices to the God of heaven  
and pray for the life of the king and his sons.”*

Ezra 6:8-10

### **Another Sacrifice to Raise Up Another Temple**

Jesus replicates the offering of the lamb, bread and wine, in order to raise up another Temple of God, His own resurrected body.

*“Jesus answered them,  
‘Destroy this temple, and in three days I will raise it up.’”*

John 2:19

## The Eucharistic LORD: Jesus as the Bread of Life

In the following passage, Jesus is preparing people's hearts to one day receive Him as the Eucharistic Lord in their hearts. Worship in a physical temple will be moved to an intimate internal experience *"in spirit"*.

*"Jesus replied, "Woman, believe Me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem.*

*You [Samaritans] do not know what you worship;  
we [Jews] do know what we worship, for salvation is from the Jews.  
But a time is coming and is already here when the true worshipers will  
worship the Father in spirit [from the heart, the inner self] and in truth;  
for the Father seeks such people to be His worshipers.*

*God is spirit [the Source of life, yet invisible to mankind],  
and those who worship Him must worship in spirit and truth."*

John 4:21-24

### The New Bread of Presence: Messiah Jesus Christ

After the Word in the Old Testament, we next hear of the Bread of Presence when Jesus speaks of it to the Pharisees. He defends His actions performed on the Sabbath, as He identifies Himself as the Lord of the Sabbath. Is this not indicative of a High Priest mantle?

*"He said to them, "Have you not read what David did when he was hungry,  
he and those who accompanied him—*

*how he went into the house of God, and they ate the consecrated bread<sup>4</sup>,  
which was not lawful for him to eat nor for those with him,*

***but for the priests only?***

*Or have you not read in the Law,  
that on the Sabbath the priests in the temple break [the sanctity of]  
the Sabbath and yet are innocent?*

*But I tell you that something greater than the temple is here.*

*And if you had only known what this statement means,*

---

<sup>4</sup> From the [Amplified Bible](#) footnotes, the "consecrated bread" refers to "The bread of the Presence, the twelve fresh loaves presented each Sabbath to the Lord in the Holy Place."

## **The Eucharistic LORD: Jesus as the Bread of Life**

*'I desire compassion [for those in distress], and not [animal] sacrifice,'  
you would not have condemned the innocent.*

***For the Son of Man is Lord of the Sabbath."***

Matthew 12:3-8

This transpires during the time of the second Passover of Jesus' three year ministry.

### **A Foreshadow of Lord Jesus as the Bread of Life Eucharistic Lord**

In the miracle of the loaves, Jesus transmutes five loaves into hundreds or thousands of loaves (by estimate, as it would feed thousands of people). He begins His miracle with a prayer of thanksgiving to YHWH, God the Father. "Eucharist", a word used for the Holy Communion, is from the Greek *eucharistia* for "thanksgiving", to thank, to be thankful. He is in His role as priest in this scene.

*"Then Yeshua said, "Make the people sit down."*

*Now there was great faith in that place – so the people sat down  
and they were about five thousand men in number.*

*Then Yeshua took the loaves,  
and when he had done a prayer of thanksgiving to YHWH,  
he divided the bread among the people, and so also the fish.  
And it was sufficient for them in everything they asked."*

John 6:10-11

Nothing in God's Word is random. Why did the leftovers fill twelve baskets? Why not eight or sixteen? Did Jesus leave Himself as the Bread of Life to His twelve apostles, to disperse to the masses?

*"Gather that which is left over, that it be not lost.'*

*Then they gathered and filled twelve baskets with the morsels  
which were left over of those who ate."*

John 6:12-13



# The Eucharistic LORD: Jesus as the Bread of Life

## Food That Abides Into Everlasting Life

At the time of His third Passover, Jesus speaks of imperishable food and proclaims He is the Bread of Life. Jesus introduces the concept of a divine food for everlasting life. He says that He will provide this food.

*“So Yeshua answered them and said,  
“Truth I say to you, you are seeking me,  
not because you have seen signs,  
only because you ate the bread and were satisfied by it.  
You were made<sup>5</sup> not for food that perishes (whosoever perishes),  
but for food that abides into everlasting life –  
that which the Son of man will give to you;  
for El the Father signifies this.”<sup>6</sup>  
John 6:26-27*

## ***Why is talk of bread always at the Passover seasons?***

### **Three Times Jesus Declares He is the Bread of Life**

*“I AM the Bread of Life.” John 6:35*

*“I AM the Bread that descends from heaven.” John 6:41 - from the people*

*“I AM the Bread of Life.” John 6:48*

*“I AM the Living Bread that descended from out of heaven: If anyone would eat of this Bread he will live forever, and also the Bread which I shall give on behalf of the life of the world is My flesh.” John 6:51*

### **Where Jesus Declared He is the Bread of Life**

Kephar Nachum aka Capernaum, which means Village of Comfort. This becomes Jesus' home base and where He began His ministry.

---

<sup>5</sup> Or possibly 'you must work / exert yourselves.'

<sup>6</sup> Lit. “he is the sign,” but means “he signifies this” or “he has appointed it”.



## The Eucharistic LORD: Jesus as the Bread of Life

*“And leaving Nazareth, He went and settled in Capernaum, which is by the sea, in the country of Zebulun and Naphtali.*

*This was to fulfill what was spoken by the prophet Isaiah:*

*‘The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee [in the district] of the Gentiles—*

*“The people who were sitting (living) in [spiritual] darkness have seen a great Light, and for those who were sitting (living) in the land and shadow of [spiritual and moral] death, upon them **a Light has dawned.**’*

*From that time Jesus began to preach and say,*

*‘Repent [change your inner self—your old way of thinking, regret past sins, live your life in a way that proves repentance; seek God’s purpose for your life], for the kingdom of heaven is at hand.’”*

Matthew 4:13-17

### Bread as Supernatural Food

Jesus presents a new bread for the New Covenant. This is a bread that comes not from the earth, but from heaven. It gives life to the world. You will not be hungry. Eternal food for an eternal body.

*“So Yeshua said to them, “Most certainly I say to you, Moses has not giving you the bread from heaven, but my Father is giving you the true bread from heaven; for the bread of God is that which descends from heaven and gives life to the world.”*

*Then they said to him,*

*“Adon, Lord, may this bread be given to us all the time.”*

*Then Yeshua said to them, “I am the bread<sup>7</sup> of life; whosoever comes unto me will not be hungry, and whosoever believes in me will not have thirst in eternity!”*

John 6:32-35

---

<sup>7</sup> From the [One New Man](#) Bible footnote, pg. 1396: “Bread means not only bread, but all food and clothing, shelter, even spiritual needs.”

## The Eucharistic LORD: Jesus as the Bread of Life

### Jesus Presents Himself as the Sacrificial Passover Lamb

As part of the Passover tradition, all Israelite families offered the sin sacrifice of a one-year-old spotless male lamb (or goat) and then entirely consumed it by the morning after Passover. Placing the lamb's blood on the doorpost of their homes would bring Yahweh's protection and cause the angel of death to pass over their households, preventing the killing of their firstborn. The blood of the sacrificed lamb provided supernatural protection and grace.

In the following passage, Jesus is setting the stage for His later sacrifice as the Spotless Lamb for the sins of humanity. His passion gift would begin on the first night of Passover. Here He tells His disciples that they shall partake of the Passover lamb. At this point in time, they do not know that Jesus is presenting Himself as the Passover lamb.

*“So Yeshua said to them, “Truth I say to you,  
if you do not eat the flesh of the Son of man,  
and do not drink his blood, you will not have life;  
but whosoever eats my flesh and whosoever drinks my blood,  
will have everlasting life – and I, I will raise him up in the last day.  
For my flesh is the true food, and my blood the true drink  
He who eats my flesh and drinks my blood, abides in me and I in him.  
As the Father had sent me, and I am alive because of the Father,  
so he who eats me is alive because of me.  
This is the bread who descended from the heavens –  
not as your fathers ate the manna and died –  
whosoever eats this bread will live for eternity.”*

John 6:53-59<sup>8</sup>

---

<sup>8</sup> “These things he said in the house of the assembly, teaching in Kephars Nachum.” [The Hebrew Gospels from Sepharad, The Gospel According to John](#), translated by the Van Rensburg family, 2021.

## The Eucharistic LORD: Jesus as the Bread of Life

*“Whosoever eats this bread will live for eternity.”*

According to Luke 22:19, Jesus called on his followers to repeat the ceremony in his memory.

*“Then having taken bread, after He gave thanks,  
He broke it and gave it to them saying, ‘  
This is My body which is being given on your behalf:  
you must continually do this in My remembrance.’”*

Luke 22:19<sup>9</sup>

In the Last Supper, Jesus as High Priest presents the bread as His body to be sacrificed, the bread of the New Covenant. Why does Jesus make a point of instructing them to continue this ritual of re-enacting this Last Supper offering?

### **Jesus Yeshua as the High Priest**

Jesus Yeshua is a Jew. He has been recognized as a Prophet by many. In this Last Supper Seder, He presents Himself as Priest, a High Priest, performing and instituting a new sacrifice, Himself, as the Body and Blood of the New Covenant. He is the offerer priest and the offering, the body and the blood of the spotless Lamb of God. Jesus now enters into the dimension of His divinity as the Eucharistic Lord. There is a transmutational transaction that occurs: bread into physical body into spiritual body into spiritual food. Why is this significant and so profound?

***Jesus now enters into His divinity as the Eucharistic Lord.***

---

<sup>9</sup> [One New Man](#) bible.

# The Eucharistic LORD: Jesus as the Bread of Life

## The Eucharistic Lord

The institution of the Eucharist is written down in the four Gospels and by Apostle Paul in Corinthians:

- ◆ Matthew 26:26-30
- ◆ Mark 14:22-26
- ◆ Luke 22:14-20
- ◆ John 6:22-59 (The Bread of Life Discourse)
- ◆ I Corinthians 11:23–25

*“Now as they were eating Jesus took bread, and after blessing it, He broke it and gave it to the disciples, and said, “Take, eat; this is My body.”*

Matthew 26:26

*“While they were eating, Jesus took bread and blessed it, and He broke it, and gave it to them and said, “Take it. This is My body.”*

Mark 14:22

*“For My flesh is true food, and My blood is true drink.”*

John 6:55

*“Now I received from the Lord, which I also gave over to you, that the Lord Yeshua, on the night in which He was betrayed, took bread and after He gave thanks He broke and said,*

*’This is My body being given on your behalf; you must regularly do this in remembrance of Me.’”*

1 Corinthians 11:23-24

## Jesus as High Priest Establishes Holy Communion

In His very first miracle at the wedding of Cana, Jesus presents Himself as High Priest in offering the Lord’s best portion, the best wine saved for last.

## **The Eucharistic LORD: Jesus as the Bread of Life**

In His last gathering with His disciples before He is offered up, Jesus establishes Himself as High Priest giving the wine and bread at the Last Supper. He is the best wine of the wedding feast of salvation.

Hebrews 9:11-15 describes Jesus' unique expression of a High Priest:

*“But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) He entered once for all into the holy places, not by means of the blood of goats and calves but by means of his own blood, thus securing an eternal redemption. For if the blood of goats and bulls, and the sprinkling of defiled persons with the ashes of a heifer, sanctify for the purification of the flesh, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God. Therefore he is the mediator of a new covenant, so that those who are called may receive the promised eternal inheritance, since a death has occurred that redeems them from the transgressions committed under the first covenant.”*

### **The Eucharistic Lord is Present in the Bread and Wine**

This mystical concept that the body and blood of Jesus Christ are actually present in the holy communion finds its roots in the revelations of Apostle Paul in 1 Corinthians 10:16, which says:

*“Is not the cup of blessing which we bless a sharing in the blood of Christ? Is not the bread which we break a sharing in the body of Christ?”*

## **The Eucharistic LORD: Jesus as the Bread of Life**

Knowing this, how much do you yearn to be in oneness with Jesus the Christ? The sacrifice, 'korbanot', that which draws us close to God, is Jesus as the Eucharistic Lord. He is both the sacrifice and the thanksgiving.

### **The Great High Priests Brings Us Mercy and Grace**

Through His mantle as Great High Priest, Jesus is become a pathway to Mercy and Grace for all of us.

*“Therefore, since we have a great high priest  
who has ascended into heaven,  
Jesus the Son of God,  
let us hold firmly to the faith we profess.*

*For we do not have a high priest who is unable to empathize with our  
weaknesses, but we have one who has been tempted in every way,  
just as we are—yet he did not sin.*

*Let us then approach God’s throne of grace with confidence,  
so that we may receive mercy  
and find grace to help us in our time of need.”*

Hebrews 4:14-16

~~~~~

*“So Jesus said to them, ‘Truly, truly, I say to you,  
unless you would eat the flesh of the Son of Man and drink His blood,  
you have no life in yourselves.’”*

*“He who eats My flesh and drinks My blood has eternal life,  
and I will raise him up on the last day.”*

John 6:53-54

~~~~~

## The Eucharistic LORD: Jesus as the Bread of Life

### *Prayer of Spiritual Communion:*

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.