"Is this the kind of fast I have chosen,
only a day for people to humble themselves?
Is it only for bowing one's head like a reed
and for lying in sackcloth and ashes?
Is that what you call a fast, a day acceptable to the LORD?
Is not this the kind of fasting I have chosen:
to loose the chains of injustice and untie the cords of the yoke,
to set the oppressed free and break every yoke?
Is it not to share your food with the hungry and to provide the poor
wanderer with shelter— when you see the naked, to clothe them,
and not to turn away from your own flesh and blood?"
Isaiah 58:5-7

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## Corporate Fasting & Prayer is Part of a Culture of Holiness.

During times when God's people collectively faced a seemingly unsurmountable problem or foe, there was a call to corporate (the collective body) fasting. That is, the people together in one accord, undertook fasting and prayer. This act of collective sacrifice brought breakthroughs and victories. It spared impending judgement and defeated enemies.

As we face an historical invasion and numerous formidable foes in our nation, we are called to come together in collective sacrifice, and corporate prayer and fasting to receive breakthroughs and victories for our country.

Corporate fasting calls us to a collective commitment, discipline and laserfocused devotion to God's will and heart.

# OUR FOCUS IN 2024: WE ARE INTERCEDING FOR RESTORATION Keys to Restoring Eden:

- ◆ Restoring what was lost or damaged in the Garden of Eden with the fall of man and woman.
- ◆ Applying the New Covenant as the antidote to what was lost with the fall.
- ◆ Finding and proclaiming from the New Covenant the counter to everything that was lost or damaged in the fall in Eden.
- ◆ Finding and applying through proclamation God's promises for restoration: His love, mercy and grace.
- ★ Remember: God's Word Provides a Roadmap for Creating a Culture of Holiness.

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OUR CORPORATE COMMITMENT to FASTING & PRAYER to LOOSE the CHAINS of INJUSTICE

Coming Before Lord God Adonai

◆ Dear Lord God Adonai, just Judge, as Intercessors standing in the gap for our beloved America, we come before You to offer the sacrifices of fasting and petitions of prayer to make manifest in America Your Word in Isaiah 58:6: to loose the chains of injustice, untie the cords of the yoke, to set the oppressed free and break every yoke that is over and pervading our country right now. We commit to a minimum three-day

fast to stop and reverse the invasion of America and to receive breakthroughs and victories over our many enemies. We understand that restoration of America and our Republic can only come by throwing off our enemies and returning the heart and soul of America to You and to Divine Love Incarnate, Jesus Christ Yeshua.

- ◆ The people of Nineveh responded to Your Word of impending destruction by collectively fasting. "Then the people of Nineveh believed in God; and they called a fast and put on sackcloth, from the greatest to the least of them." (Jonah 3:5). Lord God, we seek the outcome of Jonah 3:10: "When God saw their deeds, that they turned from their evil way, then God relented of the disaster which He had declared He would bring on them. So He did not do it." We pray that You will receive our fasting and prayers and turn back and defeat our enemies, and restore our land to its Covenant relationship and promises with You.
- ◆ Dear Heavenly Father, we recognize that even Queen Esther proclaimed a three-day fast for her people, to reverse the Haman curse and stop his genocide plan, to receive Your intervention and favor. Esther 4:16 says: "Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish."
- ◆ Dear Lord God, I recognize that walking with You means the willingness to lay down my own life, to lay down my own wants, desires, thoughts and aspirations. I commit to fasting from my own ego, from all that is not of You, from You, for You. I commit to the discipline necessary to fulfill this fast. I do so with love, from love, for love — love of You, love of Jesus Yeshua.

◆ Lord God, You gave mercy and grace to the people who fasted with Ezra in Ezra 8:22-23: "The hand of our God is favorably disposed to all who seek Him, but His power and His anger are against all those who abandon Him. So we fasted and sought our God concerning this matter, and He listened to our pleading." Thank you Lord God, for receiving the sacrifices of our fasting and listening to our pleading to vanquish our enemies and restore America, on nation under God.

Right Fasting

- ◆ Dear Heavenly Father, we understand from Your Word that there are right and wrong ways to fast, not just physically but also spiritually. We commit to fasting with integrity and humility; genuinely making sacrifices to our normal regime, activities and diet, yet doing so quietly without drawing attention to ourselves.
- ◆ Dear Lord God Abba, I commit to fasting as You guide and direct me personally, for what is best for my body. I commit to foregoing desserts, sweets, snacks and other unnecessary but enjoyable and indulgent food and drink.
- ◆ Dear Heavenly Father, I commit to fasting from secular entertainment, news and media including social media; so that I may draw closer to You and not have static on the line between us, that I may listen unhindered and hear more clearly from You, to do Your will in my life and as an Intercessor.
- ◆ Dear Abba, I commit to fasting in secret; that is, being quiet and inward, reserving my energy, focus and heart for You. Jesus taught in Matthew 6:17-18: "But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you."

◆ Dear Abba, as we stand in the gap fasting and praying for America, we take note of Isaiah 58:3-7 and commit to humbling ourselves, not doing as we please and exploiting our workers and others. I commit to fasting from quarreling and strife, fasting from my own indulgent thoughts, pride and reactivity. For You have chosen the kind of fasting to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke; to share our food with the hungry and to provide the poor wanderer with shelter— when we see the naked, to clothe them, and not to turn away from our own flesh and blood.

Fasting to Restore America

- ◆ Dear Father God, Abba, we corporately fast to turn the hearts of our fellow brothers and sisters, our fellow Americans, back to You. We offer our sacrifices of fasting and prayer to You to draw their hearts to You, that You shall heal them and let them know Your gift of perfect love to the world, Jesus Yeshua.
- ◆ Lord God, we proclaim and stand by Your Word in Joel 2:12-13: "Even now,' declares the LORD, 'return to me with all your heart, with fasting and weeping and mourning. Rend your heart and not your garments. Return to the LORD your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity." We ask and thank you for Your mercy grace to relent from sending calamity that is planned for our country. Thank you for your graciousness and compassion, for abounding in love and mercy.
- ◆ Dear Heavenly Father, Father of Mercy and Grace, we take a page from Daniel Chapter 9. First, he petitioned You, presenting the offerings of fasting and repentance. We pray the same: "I give my attention to You Lord God, to seek You by prayer and pleading, with fasting, sackcloth,

and ashes. I pray to You Lord my God and confess, Oh, Lord, the great and awesome God, who keeps His covenant and faithfulness for those who love Him and keep His commandments, we have sinned, we have done wrong, and acted wickedly and rebelled, even turning aside from Your commandments and ordinances."

- ◆ After much fasting and repentance, according to Daniel 9:17-19, we petition: So now, our God, listen to the prayer of Your servants and to our pleas, and for Your sake, Lord, let Your face shine on Your desolate sanctuary, America. My God, incline Your ear and heart! Open Your eyes and see our desolations and the city which is called by Your name; for we are not presenting our pleas before You based on any merits of our own, but based on Your great compassion. Lord, hear! Lord, forgive! Lord, listen and take action! For Your own sake, my God, do not delay, because Your America and Your people are called by Your name!
- ◆ Dear Lord God, we know from Jesus' temptation in the desert in Luke 4:2-4 that Jesus fasted for 40 days and was able to withstand the temptations of satan. Fasting is spiritually strengthening. It is offering up the 'created good' to serve the Good Creator. So, I lay all of my fasting and prayer sacrifices at the feet of Jesus and yoke my sacrifices and sufferings to Jesus' sufferings.
- ◆ Dear Lord God Adonai, just Judge, Your Son Jesus instructed us to be persistent, to keep petitioning until You answer our prayers. As Luke 18:7-8 instructs: "And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? I tell you, he will see that they get justice, and quickly." So we petition You Lord God, do not forsake America! Do not forsake Your faithful remnant! Restore America for Your own sake, for the sake of Your Son and Your Word that endures forever. Topple our enemies and burn to

ashes their plans to destroy our nation. Do it for Your own Glory, for the glory of Your holy son Jesus the Christ.

Restoring Our Holy Relationship with God

- ✦ Heavenly Father, we proclaim America's restoration of relationship with You, as our Pilgrim forbears had and lived by. Their greatest resource that enabled their survival in severe circumstances and trials was their unwavering faith, love and devotion to You. Remember all the seeds of Your love and the seeds of the Gospel that Americans have planted across the world. Let this be an account from which we may draw to receive Your mercy and grace to restore America's holy relationship with You, as the foundation for creating a culture of holiness.
- ◆ We petition for and proclaim the restoration of our country's holy relationship with You Lord God. To this end, we echo Joel 2:12-13: We return to You with all our heart, with fasting and weeping and mourning. We rend our hearts; tear them open and let all poisons and impurities drain out. We return America to You LORD God. Pour out Your graciousness and compassion, Your patience and abounding love, to be a banner for Your grace and glory. Amen!

Thy Kingdom Come, Thy Will Be Done on Earth as it is in Heaven!