

WAITING ON THE LORD

*“My soul, wait in silence for God only,
for my hope is from Him.”*

Psalm 62:5

What is “Waiting on the Lord”?

- ◆ Resting or sitting in silence to hear from God.
- ◆ A state and way of surrender, submission; not pushing or forcing to get an answer.
- ◆ A way of being that is radical faith that God will bring answers, solutions, revelations in His timing and way.

Why We Should “Wait on the Lord”

- ◆ Brings revelations
- ◆ Cleanses and heals
- ◆ Develops spiritual maturity
- ◆ Reveals answers and solutions
- ◆ Cultivates purification and humility

Prayer Petitions to Cultivate the Spiritual Grace of “Waiting on the Lord”

Be Still

- ◆ Dear Heavenly Father, Jesus frequently went off by himself to be with You in the wilderness, in the quietude, away from the crowds. This tells me that it is not only important but necessary to spend time alone with You, in silence and stillness. Surely this is how He heard from You, connected deeply with You and gained strength to fulfill his destiny.
- ◆ Psalm 46:10 declares: *“Be still and know that I AM God.”* This tells me that You are found and fulfilled in the stillness of my own soul. I commit

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to making time in every day to be in stillness, to connect and re-connect with You, to clear the clutter from my mind and life.

Good Comes

- ◆ Heavenly Father, I recognize that true healing can come from the rest and stillness of Waiting on the Lord, waiting on You.
- ◆ For your Word in Lamentations 3:25 says: *“The Lord is good to those who wait for Him.”*
- ◆ Psalm 23:1-4 proclaims Your goodness that comes from lying in Your green meadow: *“The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.”*
- ◆ Thank you Abba, for refreshing my soul in the stillness of waiting on You.

Hope & Encouragement

- ◆ Heavenly Father, I understand that Waiting on the Lord, yielding to Your Holy Spirit, spirit to Spirit, can restore hope and bring me encouragement. You comfort me in this stillness, as an anchor in the storm, a salve for my soul.
- ◆ Indeed Psalm 27:14 affirms: *“Wait for the Lord; be strong and let your heart take courage; yes, wait for the Lord.”*
- ◆ I proclaim Isaiah 40:31, *I shall wait upon the Lord and renew my strength; I shall mount up with wings as eagles, I shall run and not be weary, and I shall walk and not faint! Halleluia!*

Answers to Prayers

- ◆ Dear Heavenly Father, I recognize that answers to prayers come in the stillness, the silence which is Your ocean of wisdom and solutions.
- ◆ Psalm 40:1 says: *“I waited patiently for the Lord; and He inclined to me and heard my cry.”*

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- ◆ Lord God, I know You bring new insights and revelations in the stillness. Micah 7:7 says: *“But as for me, I will watch expectantly for the Lord; I will wait for the God of my salvation. My God will hear me.”*
- ◆ I commit to seeking answers in the stillness, by waiting on You in the stillness; rather than trying to figure it all out on my own, with my mind.

Learning in the Stillness

- ◆ Heavenly Father Abba, King David is called a *“man after God’s heart.”* Throughout his life and kingship, he sought You out to teach him. He had a humble heart. He turned to You rather than his own cleverness. From his model, I can learn from You in the stillness, through the practice of Waiting on the Lord.
- ◆ Psalm 25:5 encourages me: *“Lead me in your truth and teach me, for You are the God of my salvation; for You I wait all the day.”* Dear Abba, I commit to waiting on You *“all the day”*, as an actual way of living my life, yielding my heart to your heart, yielding to Your spirit to allow the best answers, revelations and solutions.

Restoration

- ◆ Dear Heavenly Father, I understand that cultivating the habit of Waiting on the Lord brings restoration — restoration of my body and nervous system, restoration of my mind, heart and soul. Waiting on the Lord is my soul drinking from the Living Waters.
- ◆ As Isaiah 40:31 so beautifully expresses: *“But they that wait upon the Lord will gain new strength. They will mount up with wings like eagles. They will run and not get tired. They will walk and not become weary.”*
- ◆ I commit to habituating to Waiting on the Lord in my daily life to bring me refreshment, rejuvenation and restoration, as You Heavenly Father, are the source of Shalom, the peace that passeth understanding.

Taking Back Domain

- ◆ Dear Heavenly Father, my thoughts are not your thoughts, nor are your ways my ways, according to Isaiah 55:8. Your thoughts and Your ways

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are invariably better than mine! So I practice Waiting on the Lord as a way to allow Your will to prevail in all areas of my life.

- ◆ As Psalm 37:34 instructs: *“Wait for the Lord and keep His way, and He will exalt you to inherit the land.”*
- ◆ Waiting on the Lord can bring advancements and gains that my own cleverness and actions cannot. Waiting on the Lord allows You God, and Your supernatural ways, to enter into my situations and life. Thank you Abba!

My Stillness Allows You to Fight for Me

- ◆ Dear Heavenly Father, my mind and ego are programmed to believe I must be the doer of solutions for my life, my ego-self must be the strongman overcoming hardships. Yet Your Word says otherwise.
- ◆ Indeed Exodus 14:14 says: *“The Lord will fight for you; you need only to be still.”* So I surrender to stillness and allow You to fight my battles and take full credit for the victories!

Patience & Faith Deepen

- ◆ Dear Heavenly Father, in the stillness of Waiting on the Lord, I cultivate patience and deepen in my faith; because I am not the doer, but continually submitting to Your perfect will and way.
- ◆ Psalm 37:7 exhorts: *“Be still before the Lord and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!”*
- ◆ Proverbs 20:22 instructs: *“Do not say, ‘I will repay evil’; wait for the Lord, and he will deliver you.”*
- ◆ So Abba, I wait on You by meeting You in the silence and stillness, allowing your amazing ways to prevail in all ways in my life.

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3. Thanks and Gratitude.

- ◆ Thank you Heavenly Father for receiving me before Your Throne of Grace and helping me to cultivate the habit and way of being, Waiting on the Lord.
- ◆ Thank you Father God for leading me into a deeper union with You by meeting You in the stillness of Waiting on You, the Lord, my Lord.
- ◆ To You alone be all the glory in Heaven and Earth forever and ever! Amen!

Sealing Prayers:

*"I wait for the Lord,
my soul waits, and in his word I hope;
my soul waits for the Lord
more than watchmen for the morning."*

Psalm 130:5-6

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*"Our soul waits for the Lord,  
he is our help and shield.  
For in him our hearts rejoice;  
in his holy name we trust.  
May your mercy, Lord, be upon us;  
as we put our hope in you."*

Psalm 33:20-22