"Thomas said to him,

'Master, we do not know where you are going;
how can we know the way?'

Jesus said to him,

'I am the way and the truth and the life.

No one comes to the Father except through me.'"

John 14:5-6

This Fleeting Temporal Life.

- ◆ Dear Father God, truly there is nothing compared to Eternal Life. It is a life living in your Kingdom of love and eternal peace. Help me to this most wonderful destination!
- ◆ I pray to You Psalm 39:5-6: "Lord, let me know my end, the number of my days, that I may learn how frail I am. To be sure, You establish the expanse of my days; indeed, my life is as nothing before You. Every man is but a breath. Selah."

The Gift of Eternal Life.

- ◆ Dear Lord God, You gave us Your Son Jesus Yeshua to bring us out of captivity from this fallen world, to restore us to full relationship with You in the realm of eternal life. Thank you Heavenly Father! John 3:16 sums it up: "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." How profound! How generous! Thank you for your profound gift of love!
- ◆ Thank you for the 'free gift' of eternal life. I promise to keep this gift in my heart to guide my every thought, word and action, every decision and work of my hands; for Romans 6:23 says, "For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."
- ◆ Dear Abba, I want to know You as Jesus knows You, as He said was possible in John 17:1-3, "Y'shua said these things and when He lifted up His eyes to heaven He said, 'Father, the time has come; You must now glorify Your Son, so Your Son could glorify You, seeing that You gave Him authority over all flesh, so that He could give eternal life to everyone that You have given to Him. And this is eternal life, that they

would know You¹, the only true God, and Whom You sent, Y'shua Messiah.'" Heavenly Father, please remove any hindrances within me, in my life and world, that impair my ability to truly know You.

Ways to Eternal Life.

- ✦ Hear and heed God's voice. Holy Father, I understand that the Hebrew word shema means 'to hear, listen, obey; so when Jesus exhorts us to "hear his word", He also means to heed, act rightly and accordingly. As John 5:24 says: "Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but has passed from death to life." Help me to hear You Lord God, perfectly clearly, always and everywhere. For in your Shema in Deuteronomy 6:4-5, I am called to the Great Commandment, to love You with my whole heart, my whole being, and my whole strength. Your voice IS love!
- ◆ Obeying Jesus. Jesus teaches us that abiding in him and heeding him is the pathway to eternal life. It is the way that I sync up my spirit to your Spirit, that I give over my personal will to your Divine Will. For John 3:36 says: "Whoever believes in the Son has eternal life; whoever does not obey the Son shall not see life, but the wrath of God remains on him."
- ◆ Doing God's Will. Jesus warned us in Matthew 7:21 that just believing in Jesus is not enough; my will must die to your Divine Will, Lord God; "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven."
- ◆ Operating from the indwelling spirit. Heavenly Father, I understand that one way to eternal life is operating from my spirit, not my flesh. As Galatians 6:8 says: "For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life."
- ◆ Steadfast endurance of good work. Romans 2:6-8 tells me the traits of holiness required for entering eternal life: perseverance, patience and dedication to righteousness. "Who will reward each according to his works: on the one hand

¹ "The Hebrew verb "yada" encompasses a range of meanings related to knowledge and understanding. It is used to describe intellectual awareness, experiential knowledge, and intimate familiarity. In the biblical context, "yada" often implies a deep, personal, and relational knowledge, such as the intimate relationship between God and His people or between individuals." From https://biblehub.com/hebrew/3045.htm

according to the steadfast endurance of good work, patience in well-doing for glory and honor and immortality to those who seek eternal life; but on the other hand to those who are persuaded out of a desire to put themselves forward, and not allowing themselves to be persuaded in the truth, they will be in wrath and fury for their unrighteousness." ONM

- ◆ The narrow path. I am learning that the way to eternal life is not an easy path. It is not the easy choices and actions. It is radically self-denying and radical trust that You know best what path is the way of eternal life for my soul. Matthew 7:13-14 warns: "Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."
- ◆ Perfect patience. Jesus modeled perfect patience as a man, to prove to me that it is possible. Indeed 1 Timothy 1:16 says: "But I received mercy for this reason, that in me, as the foremost, Jesus Christ might display his perfect patience as an example to those who were to believe in him for eternal life."
- ◆ Actively trust and support. Now believing also means trusting and abiding in that which I believe. So I surrender my willfulness, my ego patterns and impulses, everything that stands in the way of fully giving myself to Christ Jesus Yeshua. John 6:40 promises: "For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."

Work for the Food of Eternal Life.

- ◆ Dear Heavenly Father, In John 6:27 Jesus teaches us: "Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal." Lord God, I do want this food that endures to eternal life! Feed me Heavenly Father!
- ◆ Dear God, at the Last Supper, Jesus sanctified his body and blood as food for eternal life; John 6:54-57 says: "Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I

- in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me."
- ◆ Lord God, guide me, teach me, bring to me the highest, best way for me to receive Jesus Christ in communion, to fulfill his exhortation to fill with his spiritual body and blood. For John 6:63 proclaims: "It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are spirit and life."

Equation for Eternal Life.

- ◆ Set the eyes on the prize of eternal life. Father God, 1 Timothy 6:12 tells me to set my eyes upon the prize of eternal life, as a goal that draws me to You and keeps me focused on only what is truly important in this life and in this world; "Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses." I take hold of eternal life Heavenly Father! I lay at the feet of Jesus Christ all leaven, thoughts, spirits, desires that impede my way to eternal life.
- ◆ Conquer this world by strong faith. Father God, 1 John 5:3-5 tells me that keeping your commandments strengthens and guides my faith; and my strong and unwavering faith is the doorway to eternal life with You. "For the love of God is this, that we keep his commandments. And his commandments are not burdensome, for whoever is begotten by God conquers the world. And the victory that conquers the world is our faith. Who [indeed] is the victor over the world but the one who believes that Jesus is the Son of God?" I commit to keeping your commandments, which are expressions of your love for me.
- ◆ Fill with Jesus Christ. Father God, we learn that in the culture of the times of Jesus, possessing something meant the ability to take hold of something, such as power, control, or rightful ownership.² 1 John 5:11-12 says: "And this is the testimony: God gave us eternal life, and this life is in his Son. Whoever possesses the Son has life; whoever does not possess the Son of God does not have life." So Lord God, fill me with Christ Jesus, his Holy Presence. I invite him in to me and pursue him to be in union with him!

² https://biblehub.com/hebrew/270.htm

✦ Hearing Jesus' voice. To hear his voice means I am in silence, stillness, blocking out the outer world and all of its distractions and demands. In John 10:27-28 Jesus says: "My sheep hear my voice, and I know them, and they follow me. I give them eternal life, and they will never perish, and no one will snatch them out of my hand."

The Reward for Overcoming.

- ◆ Dear Heavenly Father, I take hold of Revelation 3:5; "The one who is victorious will, like them, be dressed in white. I will never blot out the name of that person from the book of life, but will acknowledge that name before my Father and his angels."
- → Help me Lord God, to be worthy of this privilege. At the same time, thank you for the profound grace that this gift gives!

Sealing Prayer:

Life from God's Anointing.

I let what I heard from the beginning remain in me.
If what I heard from the beginning remains in me,
then I will remain in the Son and in the Father.
And this is the promise that he made us: eternal life.

1 John 2:24-25

For I was once darkness, but now I am light in the Lord.

So I shall live as a child of light,
for light produces every kind of goodness
and righteousness and truth.

Ephesians 5:8-9

Therefore, in Christ I am a new creation.

The old has passed away; behold, the new has come!

Halleluia!

2 Corinthians 5:17