

KNOW OUR FATHER'S HEART

"I give you a new commandment:

love one another.

As I have loved you,

so you also should love one another.

This is how all will know that you are my disciples,

if you have love for one another."

John 13:34-35

If You Truly Want To Know God Our Father's Heart...

- ◆ He will reveal things about Himself to you.
- ◆ He will share with you how He sees people.
- ◆ He will allow you to understand people and circumstances from His perspective.
- ◆ You will no longer be limited in your understanding, your views, your feelings, your biases. You will 'see' through the eyes of our Father's heart. *"The eyes of your heart will be illumined."* Ephesians 1:18
- ◆ You will walk more easily in Divine Will, God's Will, because you will more easily know what He wants from you and why.
- ◆ The unconscious blocks within you will dissolve and be replaced with our Father's love and compassion, mercy and righteousness.
- ◆ You will be more able to walk in Jesus' instruction to love others as He loves you; because our Father's Heart is the ocean of pure love, the source of Jesus' love.

3 times in the Gospel "Abba"

There are three times in the Gospel where the word "Abba" is used for God the Father. "Abba" is an expression of a more personal, intimate relationship with God, like 'Daddy'. Three is typically a number of confirmation. So what is this appearance of "Abba" telling us?

The Agony in the Garden.

Mark 14:35-36: When Jesus is in the Garden of Gethsemane facing His imminent Passion sacrifice: *"He advanced a little and fell to the ground and prayed that if it were*

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possible the hour might pass by him; He said, "Abba, Father, all things are possible to you. Take this cup away from me, but not what I will but what you will."

Children of God Through Adoption.

Romans 8:14-17: *"For those who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, "Abba, Father!" The Spirit itself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him."*

God's Free Children in Christ.

Galatians 4:6-7: *"As proof that you are children, God sent the spirit of his Son into our hearts, crying out, "Abba, Father!" So you are no longer a slave but a child, and if a child then also an heir, through God.*

We Pray....

Be Filled With the Fullness of God

- ◆ Dear Father God, Your Word says I may be filled with the fullness of You. God is love, which means it is possible for me to be filled with Your love, the kind of love that is Your very substance. I realize that the substance of love that You are, a holy, divine love, is beyond anything we humans are used to, because it is beyond thoughts, ego, mind, will, prejudices, programs and demonic powers.
- ◆ So I pray Ephesians 3:14-19 to You: *"For this reason I kneel before You Father, from whom every family in heaven and on earth is named, that You may grant me in accord with the riches of Your glory to be strengthened with power through Your Spirit in my inner self, and that Christ may dwell in my heart through faith; that I, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that I may be filled with all the fullness of God."*

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Our Father is Our Redeemer

- ◆ Dear Lord God, I realize that I have unconsciously had barriers to a full, unfettered relationship with You. Whether it be lack of trust, disbelief that an intimate connection with You is safe or even possible, disbelief that You truly love me unconditionally, feelings of unworthiness to be close to You, an inability to truly receive and express love unfettered. Whatever the reasons, I sincerely apologize for all the ways I have held You at bay, kept You at arms-length, treated You as a distant relative rather than as Abba.
- ◆ I pray Isaiah 63:15-16: *“Look down from heaven and regard us from your holy and glorious palace! Where is your zealous care and your might, your surge of pity? Your mercy hold not back! **For you are our father.** Were Abraham not to know us, nor Israel to acknowledge us, **You, Lord, are our father, our redeemer** you are named from of old.*

I Am the Work of Your Hand

- ◆ Holy Father, reveal to me the depths of meaning, that I am the work of Your hand and remove from me any blockages to this understanding and acceptance.
- ◆ For Isaiah 64:7 says: *“Yet, Lord, **you are our father; we are the clay** and you our potter: we are all the work of your hand.”*
- ◆ Heavenly Father, clay is malleable. It bends, folds, moves according to the potter's hand. It can be fashioned into a cup, then re-made into a plate or bowl, as its creator desires. I give You full permission to mold me into Your highest, best version of me for Your purposes.

You Are My Provider

- ◆ Dear Heavenly Father, it is so easy in this fallen world to seek a thousand different sources for provision, before turning to You. Yet YOU are the supreme provider for Your own children. The very purpose of seeking You first and always as my provider is to ever-yoke myself to Your Heart. It is a matter of trust, which is the foundation of any healthy, intimate relationship.
- ◆ Matthew 6:26 instructs: *“Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more*

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value than they?" I accept that I am more valuable than the birds of the air, and so I surrender my fears and doubts to You, as I open my heart to Your Heart.

- ◆ Matthew 6:32-33 reiterates: *"All these things the pagans seek. Your heavenly Father knows that you need them all. But seek first the kingdom [of God] and his righteousness, and all these things will be given you besides."*
- ◆ This tells me to have my priorities straight. Not to use You as a back-up in case my worldly plans don't work out. Father God, I truly apologize for all the times and ways I have done this; only turning to You after my worldly Plan A or B has failed.

We Know Our Father Thru Our Heart

- ◆ Father God, our language is often limiting and deceptive. When Your Word speaks of knowing You, it means knowing heart to Heart; not in the head or thru the head. It is not merely a knowing based upon a set of beliefs or laced with ego, or possessed of a religious spirit, or driven by denominational programming and superiority. God forgive us for these traps!
- ◆ 1 John 4:7-8 says: *"Beloved, let us love one another, because love is of God; everyone who loves is begotten by God and knows God. Whoever is without love does not know God, for God is love."* I open to truly knowing YOUR Heart!
- ◆ Help me Father God, to love as You love, see others as You see them, understand others as You understand them, forgive others as You forgive them. I understand that as I choose to open my heart to Your Heart, to knowing Your Heart, then naturally a transformation will transpire in my heart. Not only a transformation, but healing. The contents and patterns in my heart will change to YOUR content and patterns. In this way, I am more able to *"love one another"* genuinely as a brother/sister of Christ Jesus Yeshua, as He so exhorted us to do.

Send the Spirit of Your Son Into My Heart!

- ◆ Dear Heavenly Father, this fallen world has so distorted what is love. I now understand if I seek to know Your Heart, it is a process of unfolding wonder, learning, growth and transformation.

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- ◆ Galatians 4:6 is a beautiful testimony to this: *“As proof that you are children, God sent the spirit of his Son into our hearts, crying out, ‘Abba, Father!’”*
- ◆ I pray Ephesians 1:18, that *the eyes of my heart may be enlightened in order that I may know the hope to which You have called me, the riches of Your glorious inheritance in Your holy people.*

A Father Looks After His Own

- ◆ Dear Heavenly Father, a father looks after his own. Knowing this, I lean on You.
- ◆ Romans 8:14-17 says: *“For those who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, ‘Abba, Father!’ The Spirit itself bears witness with our spirit that we are children of God.”*

Knowing Your Heart Helps Me to Live In Your Divine Will

- ◆ Dear Heavenly Father, I now understand that knowing Your Heart helps me to live in Your Will, Divine Will, because I am synced up with you spirit to Spirit, heart to Heart. Even if it is not always easy or comfortable for me to do Your Will, my love for You and my desire to honor You make it easier to do so.
- ◆ Even Jesus suffered as a human being, faced with an enormous assignment to fulfill Your Will. In Mark 14:36, Jesus says: *“Abba, Father, all things are possible to you. Take this cup away from me, but not what I will but what you will.”* If Jesus can overcome the inclination for a cup of destiny to be taken from him, so can I! Love enables me to overcome fear, insecurities and selfishness. I open to knowing Your Heart!
- ◆ Strengthen my heart! Embolden my heart! To overcome the things of self and to fulfill Your Will and purposes in and through me.

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Sealing Prayer:

*“See what love the Father has bestowed on us
that we may be called the children of God.*

Yet so we are.

*The reason the world does not know us
is that it did not know him.*

*Beloved, we are God's children now;
what we shall be has not yet been revealed.*

*We do know that when it is revealed
we shall be like him,*

for we shall see him as he is.

Everyone who has this hope based on him

makes himself pure,

as he is pure.”

1 John 3:1-3